

Women's Health

Things Your Dentist Knows Just By Looking in Your Mouth

Dentists know all...

BY ELIZABETH JENKINS

Biting Your Nails: Without looking at your hands, a dentist may be able to detect this habit.

Signs include chips and cracking of the teeth, plus wear and tear on the teeth from the constant stress on them. This can cause your teeth to become uneven and lead to jaw pain and discomfort.



Kyle Stanley, D.D.S., of Helm, Nejad, Stanley in Beverly Hills states "Patients that bite their nails using their front teeth usually have leveled off, flat front teeth. The nails themselves are not what cause the damage, but rather the contact that occurs between the top and bottom teeth."

Dr. Kyle Stanley, also a partner at Helm Nejad Stanley, focuses on restoring and reconstructing missing teeth and enhancing smiles through gum and implant surgery. Dr. Stanley is also a dedicated researcher who has published in international dental journals, and a Key Opinion Leader for leading dental implant companies, helping to teach the latest and best techniques, and develop new and improved products.

A professor at the University of Southern California School of Dentistry, Dr. Stanley lectures on digital implant treatment planning.

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